Mobile MRI Service

DMS Health Technologies is providing mobile MRI (magnetic resonance imaging) service to Morrow County Hospital which means a new Siemens MAGNETOM Espree Open-Bore MRI System that includes a 1.5 Tesla magnet and cutting-edge Total Imaging Matrix technology (TIM™) allowing for high-quality scanning and fast acquisition times.

For patients, the 70-cm internal bore and 125-cm length guarantees more comfortable scanning. The extra-large opening means it can comfortably accommodate a variety of patients, including anyone who just likes a little more space and up to 550 lbs. For many scan types, a person’s head will not need to be in the scanner due to the system’s short design. The new system offers a wide variety of clinical applications such as neurology, orthopedics, angiography, oncology, breast and more with excellent diagnostic image quality. Russ Merrin, Radiology Director, said, “MRI scans use computers and magnetic fields to create pictures of the human anatomy similar to x-rays, but without radiation.” He further noted the images that are created from the scan will be interpreted by the board-certified sub-spe-

New Medical Practice To Open In Cardington

The first day Dr. Addington will see patients at MCH Primary Care Cardington (116 East Main St.) is scheduled for October 1. Watch for more details about a Ribbon Cutting Ceremony & Open House in late September!

The path Bill Addington, DO, has taken in medicine began in 1979 when he earned his Bachelor of Science Degree in Pharmacy from The Ohio State University. A native of Oak Hill (OH) in Jackson County, Dr. Addington operated his own retail pharmacy in his hometown until 1994. During that span, he also initiated his own home IV therapy company and a home health business, giving him a foundation for his later ventures. While in his hometown for 14 years, he served six years on the board of the Davis Home for the Aged, an extended care facility for elderly women.

From 1994 to 1998, he was once again a student – this time at the Ohio University College of Osteopathic Medicine in Athens (OH), from where he graduated summa cum laude in 1998. The next three years he served his Internal Medicine residency at Riverside Methodist Hospital where he was the Chief Medical Resident his final year.

For the next five years, he had a medical practice in Portsmouth and was medical director of three extended care facilities.

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Radiology Services...
Where Image Is Everything!
(continued from front cover)


The average complete MRI scan takes 30-60 minutes, depending on the study ordered. The MRI scan poses no risks to the average patient if appropriate safety guidelines are followed and are used to diagnose diseases of the brain, spine, skeleton, chest, abdomen, pelvis and blood vessels.

This new high-tech mobile MRI will be at Morrow County Hospital every Wednesday beginning at 1 p.m., every Friday beginning at 8 a.m., and every Saturday beginning at 8 a.m.

For more information about MRI scans and to schedule appointments, contact MCH Radiology – (419) 949-3090.

Nuclear Medicine Imaging

With the introduction of a state-of-the-art nuclear medicine camera imaging system, Morrow County Hospital is continuing its effort to provide accurate diagnostic imaging and quality patient care. This new service line began in mid-July with the purchase of a GE Millennium MG nuclear medicine camera imaging system. The system's design enhances comfort and enables technologists to perform highly accurate organ and tissue specific studies.

Nuclear medicine is a branch of medical imaging that uses small amounts of radioactive pharmaceuticals to diagnose and determine the severity of, or treat, a variety of diseases, including many types of cancers, heart disease, bone disorders, gastrointestinal, endocrine, neurological disorders and other abnormalities within the body. Because nuclear medicine procedures are able to pinpoint molecular activity within the body, they offer the potential to identify disease in its earliest stages as well as a patient’s immediate response to therapeutic interventions.

Nuclear medicine diagnostic imaging procedures are non-invasive and, with the exception of intravenous injections, are usually painless medical tests that help physicians diagnose and evaluate medical conditions. These imaging scans use radioactive materials called radiopharmaceuticals or radiotracers. Depending on the type of nuclear medicine exam, the radiotracer is either injected into the body, swallowed or inhaled as a gas and eventually accumulates in the organ or area of the body being examined. Radioactive emissions from the radiotracer are detected by the GE Millennium MG nuclear medicine camera which produces pictures and detailed molecular information. Because of this, for example, nuclear scans of the heart can be used to detect coronary artery disease and measure the heart’s function.

“We are very pleased to have this cutting-edge technology at Morrow County Hospital and available for our physicians and patients,” said Russ. “The superb images will be interpreted by the board-certified cardiologists and board-certified radiologists of Riverside Radiology and Interventional Associates, Inc.”

To schedule nuclear medicine appointments, please call MCH Radiology – (419) 949-3090.

Auxiliary-Sponsored Events 2012

“Books Are Fun” Book Fair
Thursday/August 9 • 7 a.m.-4 p.m. • MCH Room A

Auxiliary Holiday Bazaar
Monday/October 15 • 9 a.m.-7 p.m. • MCH Lower Level

Net proceeds from these events benefit patient care.
Brent Winand, a life-long Morrow County resident, has been appointed by the Morrow County Commissioners to the Morrow County Hospital’s Board of Trustees. The appointment was made during the commissioners’ regular session on July 2, 2012 and became effective that day. He is filling the unexpired term of Marilyn Smith who resigned April 30, 2012. Brent’s term runs through the first Monday in March 2015.

Born in Morrow County Hospital in 1956, Brent has been active with many county and local groups, but education has been his main focus. A graduate of Northmor High School, he earned his bachelor’s and master’s degrees from The Ohio State University and his PhD from Ashland University. He has been associated with the Northmor Local School District for 33 years, serving as the district’s superintendent for the past 15 years.

At one time, Brent had seven different preps he taught over the course of a year. He was the varsity basketball coach and athletic director for 12 years and the head track coach and assistant high school football coach for four years. Brent served as the junior high and elementary level principal for 11 years before assuming the superintendent’s position.

Brent is pleased to have overseen the building of the new Northmor Local School facility that was constructed in 18-24 months, an accomplishment he praises for completion so expeditiously and feels it will serve the community well for many, many years.

Brent has served, held office or been associated with 10 different county boards, committees and councils including the United Way, Morrow County Council on Alcohol and Drugs (Recovery and Prevention Resources), North Central Ohio Special Education Resource Center (SERC) and the executive committee for the Buckeye Association of School Administrators (BASA). Currently the board president for the North Central Computer Consortium, Brent is a member of the Morrow County Job and Family Services Advisory Committee and the Morrow County Whetstone Industry Nonprofit Board. Previously, Brent was a member of the Morrow County Hospital Levy Renewal Committee where he served on the speakers bureau.

Brent and his wife, Ronda (Creswell), have two adult children and two grandchildren. The couple attends the Waterford United Methodist Church.

“I admire the work of Morrow County Hospital and feel it is a tremendous resource for our community,” said Brent. “If there is something I might do to assist in this resource for our community I’m happy to do that.”

Brent’s knowledge and expertise are welcomed as he assumes his position on the Morrow County Hospital Board of Trustees.

Congratulations... Marsha McGrew

The generosity and compassion of Home Health Aide Marsha McGrew, earned her the honor of being named as the Morrow County Hospital nominee for the OHA (Ohio Hospital Association) Albert C. Dyckes Health Care Worker of the Year. Marsha was one of 62 nominees from the state of Ohio named for this prestigious award. Her innate ability to care not only for the patients but also for their families and her coworkers, has drawn praise and compliments from them and others, who have benefited so positively.

Remembering others in the form of greeting cards sent on special occasions, offering personal words of support and even sharing snacks are just a few of the ways this benevolent lady serves others.

Marsha was a guest at the OHA’s 11th Annual Recognition Dinner in July, where Ryan Zinn, transplant heart recipient shared his story as he remembered the caregivers who helped him navigate the inspiring transplant journey to become a U.S. and World Transplant Games champion.

Congratulations Marsha for 15 years of Home Health Aide service and your humble contributions and positive influence on so many!!!
Calendar of Community Outreach Programs & Services

Pre-registration is required for all programs unless otherwise noted. To register for any of the listed programs, or for more information, please call Morrow County Hospital’s Public Relations Department – (419) 949-3089 or (419) 949-3088 – Monday through Friday, between the hours of 8 a.m.-4 p.m. Watch for weekly ads in the local newspapers.

August, September & October

“MCH Health Awareness” Blood Profiles
No appointment necessary! • 6-9:30 a.m.
Eligibility: Anyone age 18 and over
Thursday/August 16 • Marengo United Methodist Church
(8 N. Main St. • Marengo)
Saturday/September 15 • Morrow County Hospital (Room A)
(Use “Receiving” entrance)
Saturday/October 6 • Morrow County Hospital (Room A)
(Use “Receiving” entrance)
Tuesday/October 30 • The Pines Christian Church
(6775 U.S. Hwy. 42 • Mt. Gilead)
Morrow County Hospital’s laboratory personnel will offer $20 “MCH Health Awareness” blood profiles, which include a battery of 27 tests.

Remember –
• An 8 to 10-hour fast is necessary for accurate results – no eating.
• Drink moderate amounts of water.
• Take your medications with moderate amounts of water.

For an additional $20, you may also receive a TSH (thyroid stimulating hormone) test.

Absolutely…No physicians’ orders for additional tests will be accepted at this screening. The $20 blood profile will only be available at the site listed!

Diabetes Education
Registration Required • Free Program
Minimum Class Size: 10 participants
Tuesday/September 4 • 6-8:30 p.m. • MCH Room A
Thursday/September 6 • 6-8:30 p.m. • MCH Room C
Tuesday/September 11 • 6-8:30 p.m. • MCH Room A
Thursday/September 13 • 6-8:30 p.m. • MCH Room A
This four-part/ten-hour program is for recently diagnosed diabetics. Each night of this twice-a-week/two-week course, a different aspect of the diabetes disease process will be discussed. You must attend all four classes to complete this course.

American Red Cross Bloodmobile
Friday/September 7 • 10 a.m.-4 p.m. • MCH Room A
Positive identification required – American Red Cross donor card or photo ID showing date of birth. Call MCH Public Relations to schedule an appointment – (419) 949-3089

Weight Control Program*
12 Weeks • Registration Fee - $75
Minimum Class Size: 20 participants
Mondays • (Starts 9/10 and Ends 12/3) No class – 10/15
MCH Rooms A or C • 6-7 p.m.
(First class will be two hours • 6-8 p.m.)
This 12-week behavior modification program will include nutritional information, weekly weigh-ins, diaries and special presentations. All participants will schedule their Weight Control blood profile at the second class.
*MCH recommends that all participants consult their family physician before beginning any weight control program.

Energize With Exercise*
12 Weeks/24 Sessions • Registration Fee – $50
Minimum Class Size: 15 participants
Seniors-On-Center (41 W. Center St. • Mt. Gilead)
Tuesdays & Thursdays • 5:30-6:30 p.m.
(Starts 9/11 and Ends 12/4) No class – 11/22
This one-hour exercise class is for intermediate exercisers of all ages! You’ll get energized and burn calories by stretching, doing low and moderate aerobic exercises, and cooling down to your favorite music.
*MCH recommends that all participants consult their family physician before beginning any type of weight control or exercise program.

Healthcare Provider CPR
Monday/September 17 • 8 a.m.-12 p.m. • MCH Room A
Monday/October 29 • 8 a.m.-12 p.m. • MCH Room A
Certification/Recertification – $45 • Book – $15
Registration Required • Minimum Class Size: 6 participants
This class is for healthcare professionals and teaches all aspects of basic life support. Community members wishing to register for a CPR class are required to pre-pay their registration fee (non-refundable) seven days prior to the class date, or their name will be removed from the class roster.

Compassionate, Personalized, High-Tech Care
Ready When Caring Counts

Emergency care is about being ready every minute of every 24-hour day. Morrow County Hospital’s entire emergency team proved itself recently when five motor vehicle victims arrived and were treated along with the delivery of an infant within a very limited timeframe. “It made me very proud of our emergency physician and entire staff when I received a complimentary personal phone call from a woman who was a patient on that busy day,” said Chris Truax, President and CEO. “A former ultrasound tech at a large city hospital, the caller praised the service, communication and quality of care received at Morrow County Hospital as ‘top notch’. The woman was ultimately thankful for the care she and her grown son received here and believe we kept them alive,” Chris mentioned. “She specifically noted the nursing staff’s communication with the physicians, the coordination efforts with Nutrition Services and the interactions both had with our care teams.”

“On average 40 patients are treated in our emergency department daily,” said Teresa Roe, RN, Emergency Manager. “It’s the extra-busy, high-acuity times when you step back and realize what kind of people we have as part of our team. They updated patients and families, cleaned rooms for the next patients, continued to support each and every person working in the emergency department.”

The hospital’s emergency team of physicians, nurses, ancillary and support staff are well-trained and ready to care for patients experiencing strokes, heart attacks, injuries (traffic accidents, home or work mishaps, falls, or children injured while playing) poisoning, burns, emotional distress and injuries caused by violence.

Care begins upon entry either as a walk-in patient or arrival via an emergency squad. The triage staff quickly evaluates the patient and assigns the patient to the proper treatment area with those who are most acutely ill or injured to be seen first.

Accuracy of the registration clerk ensures a detailed account of the visit. To ensure proper diagnosis, the staff provides thorough treatment for the patient, from x-rays to blood tests with follow-up care recommended by a primary care physician.

“Think about this situation if you ever experience any type of emergency,” Teresa noted. “It’s about people going above and beyond outside of their ‘comfort zone’ without even being asked. Our team is exceptional when it comes to taking care of people!”

Northern Location, Outpatient Services

Hospital employees stationed at Northfield Medical – Jodi Brown, PTA; Stephanie Cowles, RT(R); and Vicki Davenport, phlebotomist.

MCH Services at Northfield Medical (6519 U.S. Highway 42, between Williamsport and Johnsville) offers personalized high-tech care and state-of-the-art equipment at an easily accessible rural location.

An order from any licensed practitioner is required for all hospital services at the Northfield location – lab work, EKGs, x-rays and physical therapy services.

No appointment is required for lab work which includes quick, convenient blood collections and EKGs every Monday through Thursday, 7 a.m.-4 p.m., and Friday, 7 a.m.-12 p.m.

A radiologic technologist is available to perform x-rays Monday through Thursday, 8 a.m.-4 p.m. and Friday, 8 a.m.-12 p.m., without an appointment.

For comprehensive physical therapy services, an appointment is necessary and can be scheduled by contacting – MCH Services at Northfield Medical – (419) 949-3085.

Visit Our Web Site... to learn more about Morrow County Hospital services, physician information, job opportunities, community outreach programs, and much more... www.morrowcountyhospital.com
A full complement of urology services are offered by Errol Singh, MD, and his partner Fadel Elkhairi, MD, who have recently joined the Morrow County Hospital medical staff. Dr. Singh, board-certified urologist, received his medical degree from the University of Nebraska College of Medicine. He completed his general surgery residency at the University of Minnesota and a residency in urological surgery at the Mayo Clinic in Rochester, MN.

Dr. Elkhairi, board-eligible urologist, completed his undergraduate studies at Miami University (Oxford, OH) and received his medical degree from the University of Toledo College of Medicine, with a general surgery internship and urological residency at the University of Toledo Medical Center.

These urologists offer treatments for diseases ranging from prostate cancer to kidney stones. They also treat kidney, bladder, testicular and renal cancers, and benign disorders of the prostate, kidney and bladder.

On Wednesdays Drs. Singh and Elkhairi see patients in the Medical Specialty Center North and perform urological procedures in the hospital’s modern surgical suites. Although local outpatient treatment is a priority, if there is a more serious diagnosis, patients may require treatment at Riverside Methodist Hospital where the physicians have a private medical practice. Dr. Singh feels, “Using the most advanced technology such as lithotripsy, robotic and laser techniques limit making an incision in many cases. These patients can have their initial evaluation and post-operative follow-up care at Morrow County Hospital, close to home.”

To learn more about the urology services offered by Dr. Singh and Dr. Elkhairi, please contact the Medical Specialty Center North – (419) 949-3080.

Morrow County Hospital continues to expand its coverage for hospitalized patients with the addition of Sabreen Abu Obaid, MD, to the Morrow County Hospital Medical Staff. As a hospitalist, Dr. Obaid is fulfilling her goal of working in patient medicine by providing coverage for patients who are admitted to the hospital. A native of Palestine, she attended medical school at the University of Jordan where she met her husband. “We were trained by a number of physicians who were trained in the United States,” said Dr. Obaid. “We were attracted to their thinking and the way they managed their patients’ care.” She explained that because most of the medical advances happen in the United States, she and her husband decided to complete their residency and further training in the United States. Dr. Obaid completed her Internal Medicine training and served as the Chief Resident at Riverside Methodist Hospital where she was in charge of 60 residents in the residency program. Her husband is completing a fellowship in cardiology at The Ohio State University.

“Working in a hospital setting, there is one physician or one group of physicians in charge of the whole well-being of that person just like in outpatient care,” Dr. Obaid said. “I like working in an underserved medical area.” She explained that while at Riverside Methodist Hospital she worked with patients from Morrow County. “I know the kind of toll it puts on the family and the patient who need medical care and have to leave their town and go to a different place where they know very few people. I’m very interested in making a better medical environment for them in their own community, close to their family, nurses and physicians.”

Dr. Obaid is appreciative of the warm way in which she has been accepted and treated in Ohio. “I feel like I’m home – people actually help you realize things that you didn’t recognize in yourself. They potentiate and encourage you – being here has created a lot of opportunities for me and I feel very grateful and blessed.”

The hospitalist program at Morrow County Hospital is in partnership with the Hospitalist Division of Premier Physician Services. Dr. Obaid joins current hospitalists Darren Sommer, DO, Vice President of Hospitalist Services and Eric Hansen, MD.
Zachary Place, MD, Morrow County Hospital Emergency Department Medical Director, was one of the eight class members of the inaugural Medical Director Leadership Academy, sponsored by Premier Physician Services. Class members came with various degrees of clinical and leadership experience to the 10-month program which kicked off September, 2011. During the sessions, the participants were given instruction on The Five Practices of Exemplary Leadership® and took part in a workshop which included classroom sessions, self-discovery, experimental-based activities and a personal action to help address their developmental needs. Each phase was designed to refine the leadership capabilities and noted that measurement and follow-up are instrumental to ensure each participant’s continuous improvement in the leadership development process.

Lauren Irwin, Materials Management Manager, is the hospital’s supply chain expert, who works with vendors to negotiate contracts for the best pricing and cost savings. In her new position, Lauren also oversees her staff in purchasing, receiving and distributing medical and storeroom supplies and equipment throughout the hospital and its care sites. “With the entire hospital implementing a new information system, Materials is upgrading the way the department functions and improving many processes,” said Lauren. “My main role as department manager is to make sure Meditech is up and running properly on the Materials side to ensure we use the computer system to its full benefit.”

Lauren, who earned her undergraduate degree from Ohio University and her master’s degree from The Ohio State University said, “Anything that is not a pharmacy item gets purchased, received and distributed through our department,” referring to medical, surgical and facility supplies. The hospital has two storerooms that are stocked with common items, inventory pieces and special-request items that go through the Materials Management department. “Luckily I have a great team I am working with,” Lauren commented. “I was attracted to Morrow County Hospital because it seems small and more intimate. There is more of a focus on the people.”

General surgeon Michelle Wood, DO, recently joined Delaware Surgical Specialists and will participate in rotation at Morrow County Hospital with Dr. Raymond Fuller and Dr. Kenneth Graffeo who are established members of that practice. With the addition of Dr. Wood, these general surgeons see clinic patients in the Medical Specialty Center West and perform many surgeries and procedures in the hospital’s surgical suites. Dr. Wood has special interest in minimally invasive laparoscopic surgery/techniques, gastrointestinal surgery (including small bowel, colon, gallbladder and appendix) and hernia repair (laparoscopic and open).

Born and raised in a small town near Dallas (Texas), Dr. Wood aspired to become a physician and surgeon since the age of five. For her, that dream is now a reality! She received her Bachelor of Science in Forensic Science at Baylor University in Waco, Texas, and her medical degree at the University of North Texas Health Science Center, Texas College of Osteopathic Medicine (Fort Worth, TX). Dr. Wood completed her general surgery internship at the Ohio University College of Osteopathic Medicine (Columbus, OH), and her residency in general surgery at Doctors Hospital, Ohio University College of Osteopathic Medicine (Columbus, OH). Dr. Wood is experienced with the most up-to-date surgical procedures, including minimally invasive options, which help get patients back to their lifestyle faster.

To learn more about Dr. Wood and general surgery services available at Morrow County Hospital, please contact – Medical Specialty Center West – (419) 947-1707.
Employee Service Recognition

Twenty-eight hospital employees were honored for their service-year milestones at the Annual Employee Recognition Banquet. Joyce Ray (Board President) welcomed the employees and their guests, and Jackie Weaver (Board Member) offered the blessing before dinner.

Chris Truax, President and CEO, and department managers congratulated the honorees for their combined total of 310 years of dedicated service –

**Twenty Years**
- Dorothy Thomas (Administration) and Carol Weiss (Materials Management)

**Twenty-Five Years**
- Brenda Gompf (Registration)

**Thirty Years**
- David Bartman (Patient Accounting)

**Five Years**
- Bonnie Elia (Home Health), Sheli Fairchild (ICU/PCU), Mary Koesterman (Facilities), Hannah Melfe (Patient Accounting), Mary Ramsey (Nursing Administration), Kelly Robbins (Acute Care), Leann Weithman (Radiology), and Karen White (Pulmonary Rehab)

**Ten Years**
- Danella Branch (Acute Care), John Chavatzas (Information Systems), Vicki Davenport (Laboratory), Jane Ensminger (Laboratory), Loni Fraizer (Patient Accounting), Cheryl Gonnella (Cardiopulmonary), Frank Leone (Facilities), Louanne Moodispough (Patient Accounting), Michael Patterson (Information Systems), Dee Rush (ICU/PCU), Heidi Schifer (ICU/PCU), Joseph Schueler (CFO), and Marlene Smith (Health Information Management)

**Fifteen Years**
- Angela Goldbach (Acute Care), Penelope Green (Health Information Management), and Genie Raney (Medical Specialty Center)

**Twenty Years**
- Dorothy Thomas (Administration) and Carol Weiss (Materials Management)

**Twenty-Five Years**
- Brenda Gompf (Registration)

**Thirty Years**
- David Bartman (Patient Accounting)