

Pulse

Spring 2013 • Volume 15 • Number 2

Dr. Hoppes – MCH Primary Care Mt. Gilead

Del Hoppes, DO, has joined MCH Primary Care Mt. Gilead and is accepting new patients. Dr. Hoppes is board certified in Family and Geriatric Medicine and will begin seeing patients over the age of 16 on May 22, 2013. He joins Doctors Eric Hansen and John Nduaguba at the 245 Neal Avenue, Suite A, location in Mt. Gilead. Dr. Hoppes is a native of Columbus, OH, where he earned his undergraduate degree from Capital University. He attended Kansas City University of Medicine and Biosciences, College of Osteopathic Medicine in Kansas City, MO, and completed his internship and residency in Family Practice at Doctors Hospital (Columbus, OH). Dr. Hoppes was involved in the training of Family Practice residents both in Columbus and



Del Hoppes, DO

Cleveland. For the past 13 years, Dr. Hoppes has practiced adult primary care in Cleveland.

Dr. Hoppes and his wife, Dani, who holds a Masters Degree in Clinical Psychology, met at Capital University. They have three grown children, a daughter and two sons, and are “expecting” a granddaughter this summer.

For enjoyment, Dr. Hoppes collects sports memorabilia. He is a huge football fan and is loyal to the Green Bay Packers and the OSU Buckeyes, along with following the Cleveland Indians baseball team.

To learn more about **Dr. Hoppes** and **MCH Primary Care Mt. Gilead**, or to schedule an appointment, please call – **(419) 947.3015**.

Healthcare Services – Southern Morrow County

A brief groundbreaking ceremony will be held Wednesday, May 22, 2013, at 4 p.m., for a new building being constructed on property owned by the Fishburn Family at the intersection of I-71 and SR 61S near the Cardinal Center access



Building Rendering

road. General contractor, J & F Construction of Bucyrus, anticipates the building’s completion in 14-16 months.

This 14,400-square-foot building will be leased by Morrow County Hospital and will house a physician’s medical office and rehab, radiology and laboratory services, along with general dentistry in addition to space for potential growth.

“This new facility will strengthen Morrow County Hospital’s presence in the southern part of the county,” said Chris Truax, Morrow County Hospital President and CEO.

Watch the building’s progress as you drive by the location!!



**Morrow County
Hospital**
OhioHealth

Associated with OhioHealth

651 West Marion Road
Mount Gilead, Ohio 43338

Rumors...

Get The Facts

Chief Financial Officer Joe Schueler and Val Rush, Patient Accounting Manager, want to dispel some of the myths about insurance contracts at Morrow County Hospital and the hospital's Swing Bed Program. "We've been hearing lately that Morrow County Hospital isn't 'in network' with some insurance companies," said Joe. He emphasized that Morrow County Hospital has contracts with all major commercial insurers – Aetna, Anthem, Cigna, Humana, Medical Mutual and United Healthcare – for both inpatient and outpatient services. If patients have heard that Morrow County Hospital is not "in network" for whatever reason, or not included on a payer's listing of preferred providers for the above plans, Morrow County Hospital is still in their network and can still provide services "in network" to the patients. Val reinforced, "If a person is told by anyone that Morrow County Hospital is not 'in network' with the above plans, or they are interested in having us join a new plan, I would like for them to contact me by calling – (419) 949.3105."

"On the topic of the hospital's Swing Bed Program, we want people to realize that it is a Medicare-based program," said Joe. "It is a 'status of patient' originated by Medicare." Not all commercial payers recognize that "status" although some major health plans do cover swing beds and pay Morrow County Hospital for them. For certain, Medicaid and the Medicaid-managed plans do not recognize swing beds. However, some of the commercial payers do recognize swing bed programs and pay the hospital for them, i.e., Aetna and United Healthcare. Joe advises, "People who have commercial insurance should call the hospital so research can be done to see if coverage is available. Sometimes it is decided on a per-patient basis."

Val added that people who would like to utilize the Swing Bed Program and want to know if they have coverage



Joe Schueler (Chief Financial Officer) and Val Rush (Patient Accounting Manager)

should call their insurance provider or call Morrow County Hospital. Those people who have questions about either insurance payers or Swing Bed Program coverage, please call Val Rush – **(419) 949.3105**.

Compassionate, Personalized, High-Tech Care

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Contributing Writers – Evelyn Long and Lois Peoples

If you have a story idea, please contact – **(419) 949.3088**

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INFO?**

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to learn more about Morrow County Hospital services, physician information, job opportunities, community outreach programs, and ***much more...***

www.morrowcountyhospital.com

Life-Changing Cardiopulmonary Rehab

Morrow County resident John Barber credits his recovery from a heart attack to the cardiopulmonary rehabilitation he received at Morrow County Hospital, along with the personal steps he has taken to change his lifestyle. John, a self-employed masonry contractor, had been a smoker for 38 years. Although he had some mild health symptoms such as tiredness and indigestion, he ignored his wife's pleas to visit a physician. That changed on November 19, 2012, when, following a dinner in honor of his son's 20th birthday, the pains in his right shoulder became more pronounced and so intense that he asked his wife to give him a baby aspirin and call 9-1-1. When the squad's EMTs found him having the heart difficulties, he was transported to a Richland County hospital where tests revealed he had 100 percent blockage and a stent was implanted. Upon his return home, his heart specialist called inquiring about

further rehabilitation. John decided to keep the rehab local and signed up for Morrow County Hospital's Cardiopulmonary Rehab program where he completed the required 12 weeks recently.

John lost 26 pounds while taking rehab and wants to lose 16 more. His visits to his primary care physician, Dr. Addington at MCH Primary Care Cardington, have resulted in a prescription that is helping him to cease the smoking habit. John has a treadmill at home and walks on it daily. He and his wife have changed their diet – he loves fish and turkey – and John has returned to his job.

John describes Morrow County Hospital Cardiopulmonary Rehabilitation as a “fantastic facility that has made a big difference (in me). Those two women – Marcia Hykes, RN, and Judy Baker, RRT – are terrific. They helped me with my diet and talked to me every day

during my 30-minute workout. I believe they made a big difference in my success.”

A native of Kentucky, John and his family have been Ohio residents for 20 years and moved to Morrow County from Gahanna 12 years ago so he and his wife could raise their son in a small town. That move also proved to have a life-saving benefit, thanks to the Cardiopulmonary Rehabilitation program at Morrow County Hospital.



John Barber is committed to making tough lifestyle changes. Marcia Hykes, RN, and Judy Baker, RRT, welcome others in the community to contact Cardiopulmonary Rehabilitation for more information about the hospital's rehab program by calling – (419) 949.3017.

Infusion Services



Experienced registered nurses – Char Gatrell, Linda McKinniss and Michele Baker – provide infusion therapy services in the hospital's comfortable outpatient setting.

People who need infusion therapy can have these services close to home at Morrow County Hospital provided by highly skilled, experienced registered nurses – Michele Baker, RN (24 years), Char Gatrell, RN (15 years), and Linda McKinniss, RN, (12 years). Michele said, “People can come from any place for infusions here at Morrow County Hospital, although we require a physician's order and a scheduled appointment. If a person needs hydrated or a blood transfusion, there are (all sorts of) treatments that can be done locally, close to home, making it more convenient for people in our community.” Char mentioned, “We give our patients great one-on-one care when they are having their infusions. It is more of a down-home feeling – you're not in a place where you're a number – you're a person. We give personalized, compassionate care here.” Linda noted, “Patients having infusion therapy as an out-

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Connecting In The Moment

Employees and leaders from across the OhioHealth system celebrated “Connecting In The Moment” at the 2013 OhioHealth Service Excellence Retreat in March. During the retreat, 41 Service Excellence Champions – Individuals, Physicians and Teams – were recognized for providing the best patient and family experiences with every interaction.

Congratulations to Morrow County Hospital’s Service Excellence Champions – **Individual** – *Mary Koesterman (Facilities)*; **Physician** – *Larry Elliott, MD*; **Team** – *Nutrition Services*.



Mary Koesterman (Facilities)

While carrying out her duties as a housekeeper on the medical/surgical unit, **Mary Koesterman** (Facilities) displays sensitivity to each person’s needs. She informs the nursing team of any problem being encountered by a patient or the family so appropriate customer service interventions can be carried out immediately. Mary’s quiet and unassuming demeanor has a huge impact on each patient. While completing her daily tasks, she demonstrates true concern for each patient, learning to care for people and promoting a healing environment through her role as an Environmental Services employee.

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Larry Elliott, MD (Emergency Physician)

Working in the hospital’s Emergency Department, **Dr. Larry Elliott** reflects a rare blend of “old school” in a new setting with his great bedside manner and his sincere caring for all patients. The doctor’s seriousness on the outside is positively countered with a “sneaky” sense of humor with all of his colleagues. His dedication to providing the best care to every patient and to the art of emergency medicine is demonstrated through his work ethic and his willingness to come in on “off shifts” to help. Always open and receptive, Dr. Elliott helps the emergency team learn some of the “tricks of the trade,” as he pulls on his vast experience. He will celebrate 40 years as a physician in June and is recognized for his caring and customer service by the patients and staff.

The **Nutrition Services Team** was saluted for coming up with a plan to maintain the functions of the kitchen and cafeteria for patients, employees and customers when the food center was forced to close due to an immediate repair/construction project. Following a brainstorming session, the team relocated to other areas and continued to provide meals and snacks without all their standard conveniences and equipment. With the approval from the local Health Department and the USDA, the team provided patient meals as well as meals for Seniors, daycare and café customers during the six weeks of the construction process. The staff also visited each patient’s room on a daily basis obtaining their meal selections and then providing them with quality meals.



Nutrition Services Team – (Back Row): Melodee Tomblin, Nanci Barry (Manager), Tina Deyo, Sonya Dendinger. (Front Row): Lynn Riel, Kim Hollingsworth, Bonny Millisor, Malinda Webb, Theresa Conner, Margery Smith, Diana Morris.

50-Year Commemoration

Raymond Fuller, MD, exemplifies the adage “home is where the heart is.” The Marengo native, who is a graduate of The Ohio State University College of Medicine has been providing surgery services at Grady Memorial Hospital in Delaware for 18 years, and for the past two years works one day a week at Morrow County Hospital in his “home” county.

Dr. Fuller, who works in partnership with Dr. Kenneth Graffeo and Dr. Michelle Wood, was born on Election Day, November 6, 1962, at Morrow County Hospital. Ironically, on November 6, 2012, Election Day, Dr. Fuller was providing surgical services to patients in Morrow County Hospital – the place of his birth 50 years earlier.

Dr. Fuller’s family background is deeply rooted in Morrow County with his father and mother, Mr. and Mrs. Robert Fuller, former Marengo residents, now living in Delaware. His father was a VoAg teacher at Elm Valley High School in Ashley, and his mother taught Home Economics at Marengo High School. His grandfather, Homer, owned a Marengo grocery store, and his great-uncle owned the Ford Dealership in Marengo.

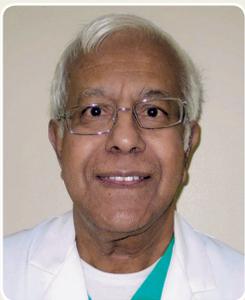
Dr. Fuller mentioned that in junior high school he set a goal to be a physician. With determination and hard work, he is now a very successful general surgeon. “There was no one in my family in medicine, but that’s what I wanted to be,” he said. “And, it has been a life-long calling.”

Dr. Fuller and his wife, whom he met when he was completing his residency at the Medical College of Ohio in Toledo, keep busy in their spare time following the sports and activity schedules of their son, 17, and daughter, 13.



Raymond Fuller, MD
General Surgeon

Emergency Physician – Dr. Ranganathan



Chingleput Ranganathan, MD
Emergency Physician

Chingleput Ranganathan, MD, is now caring for patients in the hospital’s emergency department on a regularly scheduled rotation. Born in India, Dr. Ranganathan completed his pre-medical education at Madras University (India) and received his medical degree at Stanley Medical College, Madras University (India). He served his internship at St. Luke’s Hospital (St. Paul, MN) and his resi-

idency in general practice at Shore Memorial Hospital (New Jersey) and Euclid General Hospital (Euclid, OH). Dr. Ranganathan completed his internal medicine residency at Danbury Hospital (Danbury, CT) and the VA Hospital, Wayne State University (Allen Park, MI), with fellowships in diabetes and endocrinology at Joslin Clinic and Boston VA Hospital (Boston, MA). Most recently, Dr. Ranganathan has practiced medicine in Cleveland, OH, with special interest in diabetes and endocrinology. Please welcome Dr. Ranganathan to Morrow County!

Infusion Services

(continued from page 3)

patient have more freedom since they are not admitted to the hospital. We’re very flexible in scheduling, therefore, you can come in for a few hours of your day or longer without having to travel long distances. Whatever the patient wants or needs, Morrow County Hospital Infusion Services can accommodate.”

Infusion Services are offered at Morrow County Hospital seven days a week and orders are accepted from any licensed practitioner. Flexible scheduling is available, and the patient receives their treatment in one of the comfortable outpatient rooms by experienced, skilled nurses who provide patient education and compassionate care. For longer infusion treatments, the patient is offered a meal during that time and patients can watch television, read a book or magazine, or visit with a family member who may accompany them.

To learn more about **MCH Infusion Services**, or to schedule an appointment, please call – **(419) 949.3059**, Monday-Friday, 7 a.m.-4p.m.

Carolyn Beal – New Hospital Board Member

Carolyn (Smith) Beal was appointed to the Morrow County Hospital Board of Trustees by the Board of the Morrow County Commissioners when they met on March 11, 2013. Her three-year appointment fills the unexpired term of Bonnie Fisher whose resignation from the Board was effective December 31, 2012.

A Morrow County native, Carolyn attended elementary school in Johnsville and is a graduate of Northmor High School. She completed her Bachelor's and Master's degrees in Education from The Ohio State University and later took additional courses at OSU and Ashland University earning teaching, principal and superintendent certificates. Carolyn has taught in the Northmor and Highland School Districts and served as Elementary Curriculum Consultant for Highland, Cardington and Northmor, and for six years was principal at Fredericktown. Until 2002, she was a principal in the Olentangy School District. Carolyn has also held the position of an adjunct professor at Ashland University. She is currently serving as Fredericktown's Federal Guidance Grant Coordinator.

Carolyn and her family have utilized the local hospital and physician services for many years. Her parents – Roland "Bus" and Mary Smith – donated the land on which Morrow County Hospital placed a modular building for Dr. Grant Galbraith's medical office when he came to Morrow County from Canada to practice medicine.



Carolyn Beal

Extended Care Facility for four months, 24-hours a day, so she experienced first-hand many of the services from physical and occupational therapy to inpatient care and all the ancillary services.

Carolyn has served on the hospital levy committee on several occasions and was the chairperson for the 2010 election. She is also a member of the Morrow County Association of Business Women, the Congress Township Central Committee (Twp. East) and belongs to the Williamsport United Methodist Church.

Carolyn and her husband, Sam, reside in the northern part of the county in the Northmor district. They own the Memory Lane Bed and Breakfast which is their home and where Carolyn grew up and her mother lived since she was three years old. They have a daughter, Heidi (Jack) Kegley who have twin sons, Kyle and Tyler; and a son, Dan (Nicole) Beal.

From the Emergency Department to Radiology, as both an inpatient and outpatient, Carol praises the dedication of the hospital employees. "It's the place where you know you will be taken care of, and if they can't meet your needs, they don't hesitate to make the correct connections to get you to another facility," she said. As the result of an accident in 2001, Carolyn was a "resident" in the hospital's

Community Class – Aqua Strength



Instructor – Lisa Levering, MPT, with Aqua Strength Class participants.

Enthusiasm for the hospital's Aqua Strength Class was so positive that a second class was added to accommodate the men and women interested in the program held at the Cardinal Center near Marengo. When Lisa Levering, MPT, originally initiated the class through the hospital's Rehab Services, plans were for only a Tuesday and Thursday class held from 10-11 a.m. "We had such a great response," said

(continued on back page)

Calendar of Community Outreach Programs & Services

MAY/JUNE/JULY/AUGUST

Sports Physical Exams For Morrow County Students Grades 9-12 • FREE!

(FOR SCHOOL YEAR • 2013-14)

SATURDAY/MAY 18

MCH LOWER LEVEL

(USE "RECEIVING" ENTRANCE)

7:30-8:30 a.m. – CARDINGTON

(GRADES 9-12)

7:30-8:30 a.m. – GILEAD CHRISTIAN

(GRADES 9-12)

8:30-9:30 a.m. – NORTHMOR

(GRADES 9-12)

9:30-10:30 a.m. – HIGHLAND

(GRADES 9-12)

10:30-11:30 a.m. – MT. GILEAD

(GRADES 9-12)

No appointment necessary! Contact your high school's Athletic Director for required forms.

Diabetes Support Group

TUESDAY/JUNE 4 • 6-7 p.m.

MCH ROOM C

Registration Required • Free Program

MINIMUM CLASS SIZE: 10 PARTICIPANTS

Heartsaver CPR

THURSDAY/JUNE 6 • 4-7 p.m.

MCH ROOM A

**Certification/Recertification – \$45
(includes book) • Registration Required**

MINIMUM CLASS SIZE: 6 PARTICIPANTS

Healthcare Provider CPR

MONDAY/JUNE 10 • 8 a.m.-12 p.m.

MCH ROOM A

MONDAY/AUGUST 12 • 8 a.m.-12 p.m.

MCH ROOM A

TUESDAY/AUGUST 20 • 3:30-7:30 p.m.

MCH ROOM A

**Certification/Recertification – \$45
Book – \$15 • Registration Required**

MINIMUM CLASS SIZE: 6 PARTICIPANTS

"MCH Health Awareness" Blood Profiles

**No appointment necessary!
6-9:30 a.m.**

ELIGIBILITY: ANYONE AGE 18 AND OVER

SATURDAY/JUNE 22

MORROW COUNTY HOSPITAL (ROOM A)

(USE "RECEIVING" ENTRANCE)

SATURDAY/JULY 27

MORROW COUNTY HOSPITAL (ROOM A)

(USE "RECEIVING" ENTRANCE)

SATURDAY/AUGUST 24

MORROW COUNTY HOSPITAL (ROOM A)

(USE "RECEIVING" ENTRANCE)

American Red Cross Bloodmobile

WEDNESDAY/JUNE 26

10 a.m.-4 p.m. • MCH ROOM A

Positive identification required – American Red Cross donor card or photo ID showing date of birth. Call MCH Public Relations to schedule an appointment – (419) 949.3089.

Diabetes Support Group

TUESDAY/JULY 2 • 6-7 p.m.

MCH ROOM A

Registration Required • Free Program

MINIMUM CLASS SIZE: 10 PARTICIPANTS

Heartsaver CPR

THURSDAY/JULY 11 • 12-4 p.m.

MCH ROOM A

**Registration Fee – \$45 (includes book)
Registration Required**

MINIMUM CLASS SIZE: 6 PARTICIPANTS

Sports Medicine Clinic

THURSDAY/JULY 11 • 4:30-7 p.m.

MCH ROOM A

**Per School – \$50, or Per Person – \$10
Registration Required**

Under the Ohio Department of Education's guidelines, this 2.5-hour first aid training program will be offered to all coaches and advisors.

Heartsaver CPR

THURSDAY/AUGUST 1 • 4-7 p.m.

MCH ROOM A

**Certification/Recertification – \$45
(includes book) • Registration Required**

MINIMUM CLASS SIZE: 6 PARTICIPANTS

First Aid Class

MONDAY/AUGUST 5 • 4-7 p.m.

MCH ROOM A

**Registration Fee – \$40 (includes book)
Registration Required**

MINIMUM CLASS SIZE: 6 PARTICIPANTS

NEED MORE INFO?

Pre-registration is required for all programs unless otherwise noted. To register for any of the listed programs, or for more information, please call Morrow County Hospital's Public Relations Department – (419) 949.3089 or (419) 949.3088 – Monday through Friday, between the hours of 8 a.m.-4 p.m.

Current Resident

Community Class – Aqua Strength

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Lisa, “we added a morning Monday and Wednesday class taught by Ashleigh Stuckey, PTA.”

Sally Ann Harris learned about the sessions from her daughter, Sonia Brown. “I felt I needed to get stronger at my age,” said Sally Ann, who in turn, recommended the sessions to her friend Barb Slack. The positives of the program noted by Sally Ann included, “making new friends and working different muscles.” She mentioned that her soreness was eliminated and she feels better about herself. “I worked different muscles through various activities and I feel it was a very good program,” noted Sally Ann.

Her friend, Barb, said since her husband passed away, she needed to “get

out and be with other people.” For Barb, being with people and, with her back problems, she feels physically better. She added that it was nice and warm in the pool and gave thanks to Jack Fishburn for providing the indoor pool facility. At the conclusion of the sessions, Barb “felt stronger – physically and mentally. It helped a lot.”

“We wanted to start Aquatic Therapy for new patients since there is no opportunity in Morrow County,” said Lisa. “We tried the Aqua Strength Class as an outreach program to get more involved with education and the community.” Although the classes have concluded for now, plans are to start them again in the fall.

*Interested In
Becoming A
Hospital
Volunteer?*

Please contact Lois Peoples,
Public Relations Manager –
(419) 949.3088