



**Morrow County
Hospital
OhioHealth**

Associated with OhioHealth

651 West Marion Road
Mount Gilead, Ohio 43338

Spring 2009 • Volume 11 • Number 2

Monkey Bar Acrobatics

Susan Dye won't be "monkeying" around this spring. This adventurous 62-year old woman had Balloon Kyphoplasty to repair her injured lumbar vertebra and is thankful to Dr. Peter Sanford, orthopedic surgeon, for working "magic" in making a rapid and successful repair.



Susan Dye enjoys being back to work and is thankful for her magical repair.

Susan explained that last summer she and her husband were at the Candlewood Campground play area when she accepted his challenge to climb the monkey bars, although it would be her first lifetime attempt. According to Susan, "I grabbed the first bar, then tried to go for the second; my hand slipped and that's when I went down." In excruciating pain, her husband drove her to Morrow County Hospital's emergency department, where she was examined by a physician and had all the appropriate diagnostic testing to determine the extent of her injury.

It was suggested she schedule an appointment with Dr. Sanford who performs the Balloon Kyphoplasty procedure. Instead, she tried to convince herself the pain would subside, but when it intensified, she made the appointment and within a few days she was scheduled for the procedure which repaired her vertebrae compres-

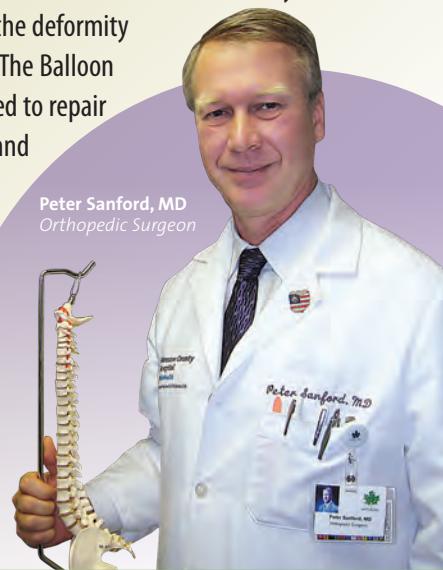
sion fracture, restoring the vertebra to the correct position. "The procedure was like magic and took only about 20 minutes," she said, explaining that her pain was tolerable in the recovery room, and she was totally pain free in two days.

So, this summer Susan will be keeping her feet close to the ground and will never attempt monkey bar acrobatics again.

Dr. Sanford explains the promise of relief the Balloon Kyphoplasty procedure offers. "People come in bent over, crippled, not able to do anything, because it hurts so badly – before they're back in their room following surgery, and except for a little bit of pain where the incision is, their pain is gone." In addition to having an acute vertebral injury, there are other times when osteoporosis can cause bones to become fragile and easily broken. This causes the bones of the spine to weaken and often collapse resulting in what is called vertebral compression fractures. As opposed to traditional treatment for this condition – bed rest, medication and back braces – which may help over time, it does not treat the deformity related to osteoporosis fracture. The Balloon Kyphoplasty procedure is designed to repair vertebral compression fractures and restore the vertebrae to the correct position, reducing back pain and the number of days in bed, in turn improving mobility and increasing the overall quality of life.

For more information about **Balloon Kyphoplasty** and other orthopedic services at Morrow County Hospital, please call the Medical Specialty Center North – **(419) 949-3080.**

Peter Sanford, MD
Orthopedic Surgeon



Visit Our Web Site...

to learn more about Morrow County Hospital services, physician information, job opportunities, community outreach programs, and *much more...*

www.morrowcountyhospital.com

What's Inside

Home Care Following Surgery

Jayne Monk, RN, Home Health Manager, encourages orthopedic surgery patients to utilize the hospital's nationally-ranked Home Health team during their recuperation immediately after being discharged from a hospital.



Rehab Services Director – CJ Miller, PT, and Home Health Manager – Jayne Monk, RN, encourage post-operative surgery patients to specially request their top notch services.

provide the care they need," said Jayne. "Our program is ranked in the Top 25% of all home care agencies in the nation. Our nurses, along with the hospital's award winning Rehab Services' staff, provide excellent post-operative care for people who have any type of orthopedic surgery – hip, knee, shoulder, or kyphoplasty – in the comfort of their home." By receiving therapy and nursing care in the home, the patient can immediately begin the healing process and, as they gain strength, can progress to outpatient physical therapy.

Home Health's skilled professionals include nurses and the Rehab Services' staff who provide one-on-one care in the patient's home environment. Each patient's nursing care is planned with their physician's guidance, and the physical therapists provide an individually designed plan of care to restore their functional ability.

"This is only a segment of the extensive Home Health services we provide," continued Jayne, "but we want people to realize that after orthopedic surgery (or any hospital stay), they can **specifically request** Morrow County Hospital Home Health for their needs."

More information about Morrow County Hospital's nationally ranked Home Health is available by calling – **(419) 947-9127**.

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Lois Peoples
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Lois Peoples

If you have a story idea, please contact –

(419) 949-3088

Ambulatory Brain Wave Monitoring

Using the latest in high-tech computerization, the hospital's ambulatory EEG testing device allows a patient to be monitored for unusual brain activity in the comfort of their home. Resembling a tiny box in a carry case, the compact device can be carried or worn by patients as a fanny pack around their waist allowing more freedom to go about daily activities.

"We're the only hospital in the area who offers this sophisticated brain wave monitoring for possible seizure activity, diagnosis of dizzy spells, blackouts and signs of epilepsy," said Leslie Dye, RRT, RPSGT. The first step following the required physician's order is a "resting" EEG to determine whether the problem can be diagnosed in that manner. Then, the next step is to schedule an outpatient hospital visit to be prepped for the ambulatory EEG.

For this procedure, the respiratory therapist attaches 24 electrodes to the patient's head using special tape to hold the wires in place for 24-72 hours. Even though the patient is advised to keep to their regular routine

as much as possible, "with 24 wires on their head, often times people tend to stay at home," said Leslie. This high-tech device records even a hint of a seizure, a spike wave which can initiate a seizure, or it can be manually activated along with timed samples.

Upon completion of the scheduled recording time, the patient returns to the hospital to have the electrodes removed, a 15-20 minute procedure. "We use a non-toxic liquid to remove any stickiness and residue left on the patient's hair from the procedure," commented Leslie.

Interpreting the EEG results is the hospital's neurologist, Dr. Blake Kellum, who sends the findings to the referring physician soon afterwards. According to Leslie, "Patients appreciate not having to go to Columbus or Cleveland for this ambulatory procedure, or being hospitalized for 5-7 days in an epilepsy unit."

For more information about ambulatory EEG testing, call Cardiopulmonary Services – **(419) 949-3015**.



Leslie Dye, RRT, RPSGT, displays the ambulatory EEG monitoring system which helps patients find answers to their often unanswered medical questions.

Comprehensive Women's Health Services

Emad Mousa, MD, and Jay Moodley, MD, partners in a gynecology/obstetrics medical practice, are the newest members of the Morrow County Hospital medical staff.

Dr. Mousa is board eligible in gynecology/obstetrics and currently provides comprehensive women's health services in the Medical Specialty Center West every Wednesday morning at Morrow County Hospital where he also performs surgeries in the hospital's surgical suite. Dr. Mousa's training includes a Bachelor's Degree in Medicine and General Surgery from the Cairo (Egypt) University School of Medicine, where he achieved a full scholarship award and Degree of Excellence with Honor in General Surgery. He completed his gynecology/obstetrics residency at the Western Pennsylvania Hospital, Temple University School of Medicine in Pittsburgh, PA, where he was the Chief Resident.

His partner, Dr. Moodley, has been in private practice for over 10 years and completed his undergraduate degree work at The Ohio State University where he graduated

from the OSU College of Medicine. Dr. Moodley completed his residency at the University of Texas and is board certified in obstetrics/gynecology.

At Morrow County Hospital, Dr. Mousa provides a full spectrum of women's health needs including colposcopy, cryosurgery (LEEP), tubal ligation, treatment of endometriosis, infertility, repair of pelvic prolapse, endometrial ablation, diagnostic and operative laparoscopic procedures, hysterectomy, prenatal care, and more.



Emad Mousa, MD
Gynecology/Obstetrics

To schedule an appointment with **Dr. Mousa**, or for more information, please contact Morrow County Hospital's Medical Specialty Center West – **(419) 947-1707**.

Anesthesiologist – Vinod Koduri, MD

As Morrow County Hospital's Director of Anesthesia Services, Dr. Vinod Koduri, is responsible for overseeing all anesthesia procedures, and he actively serves as the anesthesiologist for surgical procedures.

"I enjoy working at a smaller hospital and enjoy the nice, friendly community atmosphere," said Dr. Koduri, a graduate of Osmania Medical College (India). He completed both his residency in anesthesiology, which included specialized training in respiratory care and obstetrical anesthesia, at Vanderbilt University Hospital (Nashville, TN) and a fellowship in pain management at the University of Massachusetts. Most recently, he was affiliated with Memorial Hospital in Fremont, Ohio.

Dr. Koduri and his wife, a psychiatrist, reside in the Columbus area. The couple has two sons, one who is an attorney in Washington, DC, and the other is a second-year medical student at Wright State University (Dayton, OH). For enjoyment and relaxation, Dr. Koduri watches television, reads books and listens to music.



Vinod Koduri, MD
Anesthesiologist

Welcome To... Leigh Ann Henn, OTR/L



Leigh Ann Henn, OTR/L

Occupational therapist Leigh Ann Henn, OTR/L, brings a wealth of education and experience to her position at Morrow County Hospital. She is a Michigan native and graduate of Eastern Michigan University. Leigh Ann trained at the Medical College of Ohio (Toledo) MCO Works outpatient program

for patients with traumatic brain and spinal injuries and the Taunton State Hospital (Massachusetts) performing mental health placements for people who had committed crimes. Most recently, she worked eight years as an occupational therapist in skilled nursing facilities in northwestern Ohio.

As Morrow County Hospital's occupational therapist, Leigh Ann works three days a week and is assisted by

(continued on page 8)

Calendar of Community Out

Pre-registration is required for all programs unless otherwise noted. To register for any of the listed programs, contact the Public Relations Department – (419) 949-3089 or (419) 949-3088 – Monday through Friday, between the hours of 8:00 a.m. and 4:30 p.m. Visit our Web site – www.morrowcountyhospital.com

May

Healthcare Provider CPR Renewal

Friday/May 1 • 7:30-11:30 a.m. • MCH Room A
Certification/Recertification - \$38 • Book with CD - \$15
Registration Required
Minimum Class Size: 6 participants

This class is for healthcare professionals and teaches all aspects of basic life support. Community members wishing to register for a CPR class are required to pre-pay their registration fee (non-refundable) seven days prior to the class date, or their name will be removed from the class roster.

"MCH Health Awareness" Blood Profiles

(\$20 Blood Profile)
Eligibility: Anyone age 18 and over

During the month of May, Morrow County Hospital's laboratory personnel will offer **\$20 "MCH Health Awareness"** blood profiles, which include a battery of **27 tests** – cholesterol, triglycerides, HDL, LDL, VLDL, glucose, BUN (blood urea nitrogen), creatinine, sodium, potassium, chloride, carbon dioxide, AST, ALT, GGT, total bilirubin, total protein, albumin, calcium, alkaline phosphatase, iron, white blood count, red blood count, platelet count, hemoglobin/hematocrit, mean cell volume and mean cell hemoglobin concentration. **For an additional \$20, you may receive a TSH (thyroid stimulating hormone) test.** An 8 to 10-hour fast is necessary for accurate results – no eating, and only drink moderate amounts of water. Take your medications! Listed below are the dates, locations, and times that these profiles will be offered in May –

Sat./May 2 • Morrow Co. Hospital (Room A) • 6-9:30 a.m.
Thurs./May 7 • Johnsville Elementary (Gym) • 6-9:30 a.m.
Thurs./May 21 • Selover Library (Chesterville) • 6-9:30 a.m.

Physicians' orders for additional tests will not be accepted at this screening. **No appointment is necessary!** This **\$20** blood profile will only be available at the site listed!

Positive Hypnosis Of Ohio Hypnosis Programs

Clinical Hypnotist: Donald J. Mannarino, MA
Weight Loss (6 p.m.) & Smoking Cessation (7 p.m.)
Monday/May 4 • MCH Room A
Per Person/Per Program - \$60 • Registration Required

In addition to the hypnosis session, each participant will receive a CD for home reinforcement.

May

Healthcare Provider CPR

Thursday/May 14 • 4:30-9:30 p.m. • MCH Room A
Certification/Recertification - \$38 • Book with CD - \$15
Registration Required
Minimum Class Size: 6 participants

See May 1 listing for program details.

Sports Physical Exams For Morrow County Students Grades 9-12 • FREE!

Saturday/May 16 • MCH Lower Level (*Use Receiving Entrance*)

7:30-8:30 a.m. – Highland (Grades 9-12)
7:30-8:30 a.m. – Gilead Christian (Grades 9-12)
8:30-9:30 a.m. – Mt. Gilead (Grades 9-12)
9:30-10:30 a.m. – Cardington (Grades 9-12)
10:30-11:30 a.m. – Northmor (Grades 9-12)

No appointment necessary! Contact your high school's Athletic Director for more details.

First Aid Class

Tuesday/May 19 • 5-9 p.m. • MCH Room A
Registration Fee - \$20 • Book - \$7.50
Registration Required
Minimum Class Size: 6 participants

This American Heart Association First Aid Class will teach participants (anyone over the age of 14 years) to identify medical emergencies and how to provide proper first aid. Community members wishing to register for a first aid class are required to pre-pay their registration fee (non-refundable) seven days prior to the class date, or their name will be removed from the class roster.

Safe Sitter

Saturday/May 30 • 9 a.m.-3 p.m. • MCH Room A
Lunch Provided • Registration Fee - \$10
(For student manual)
Minimum Class Size: 8 (11-13 year olds only!)

Morrow County Hospital is a teaching site for "Safe Sitter" which is a medically-accurate program designed to prepare **11-13 year olds** to be safe and nurturing babysitters. Instructors will teach life skills – business, medical, safe habits – in this high-quality course. The registration fee covers all costs!

reach Programs & Services

For more information, please call Morrow County Hospital's
f 8 a.m.-4:30 p.m. **Watch for weekly ads in the local newspapers.**

2009

June

Safe Sitter

Friday/June 12 • 9 a.m.-3 p.m. • MCH Room A

Lunch Provided • Registration Fee - \$10

(For student manual)

Minimum Class Size: 8 (11-13 year olds only!)

See May 30 listing for program details.

American Red Cross Bloodmobile

Friday/June 19 • 10 a.m.-4 p.m. • MCH Room A

Please bring photo identification showing your social security number.
Call the MCH Public Relations Department to schedule an appointment –
(419) 949-3089.

"MCH Health Awareness" Blood Profiles

(\$20 Blood Profile)

Eligibility: Anyone age 18 and over

During the month of June, Morrow County Hospital's laboratory personnel will offer **\$20 "MCH Health Awareness"** blood profiles, which include a battery of **27 tests** – cholesterol, triglycerides, HDL, LDL, VLDL, glucose, BUN (blood urea nitrogen), creatinine, sodium, potassium, chloride, carbon dioxide, AST, ALT, GGT, total bilirubin, total protein, albumin, calcium, alkaline phosphatase, iron, white blood count, red blood count, platelet count, hemoglobin/hematocrit, mean cell volume and mean cell hemoglobin concentration. **For an additional \$20, you may receive a TSH (thyroid stimulating hormone) test.** An 8 to 10-hour fast is necessary for accurate results – no eating, and only drink moderate amounts of water. Take your medications! Listed below are the dates, locations, and times that these profiles will be offered in June –

Thursday/June 25 • Seniors-On-Center
(41 W. Center St. • Mt. Gilead) • 6-9:30 a.m.

Physicians' orders for additional tests will not be accepted at this screening. **No appointment is necessary!** This **\$20** blood profile will only be available at the site listed!

2009 | AUXILIARY-SPONSORED EVENTS

"Masquerade" \$5 Jewelry Sale

Thursday/May 28 • 6:30 a.m.-3:30 p.m. • Room A

"Code U" Uniform Sale

Thursday/July 30 • 7 a.m.-4 p.m. • Room A

Open
To The
Public!

June

Positive Hypnosis Of Ohio Hypnosis Programs

Clinical Hypnotist: Donald J. Mannarino, MA

Weight Loss (6 p.m.) & Smoking Cessation (7 p.m.)

Tuesday/June 30 • MCH Room A

Per Person/Per Program - \$60 • Registration Required

In addition to the hypnosis session, each participant will receive a CD for home reinforcement.

July

Safe Sitter

Tuesday/July 7 • 9 a.m.-3 p.m. • MCH Room A

Lunch Provided • Registration Fee - \$10

(For student manual)

Minimum Class Size: 8 (11-13 year olds only!)

See May 30 listing for program details.

Sports Medicine Clinic

Tuesday/July 21 • 3:45-8 p.m. • MCH Room A

Per School - \$50, or Per Person - \$10

Registration Required

Under the Ohio Department of Education's guidelines, this four-hour first aid training program will be offered to all coaches and advisors.

Heartsaver CPR

Thursday/July 23 • 4:30-9:30 p.m. • MCH Room A

Registration Fee - \$25 • Book with CD -\$15

Registration Required

Minimum Class Size: 6 participants

Learn basic adult and pediatric life support techniques. Community members wishing to register for a CPR class are required to pre-pay their registration fee (non-refundable) seven days prior to the class date, or their name will be removed from the class roster.

"MCH Health Awareness" Blood Profiles

During the month of July, Morrow County Hospital's lab personnel will offer **\$20 "MCH Health Awareness"** blood profiles. See June listing for details.

Tues./July 28 • Heartland Alliance Church • 6385 St. Rt. 314
(North Woodbury) • 6-9:30 a.m.

Specialized Care *Close To Home*

Access to specialized healthcare close to home draws many patients to Morrow County Hospital's Medical Specialty Center North and West. At its conception in 1984, the Medical Specialty Center offerings included podiatry, orthopedics, urology and cardiology. Today, there are 24 specialists providing care in 15 areas – allergy/immunology, audiology, cardiology, dermatology, gastroenterology, gynecology/obstetrics, neurology, ophthalmology, orthopedics, otolaryngology, podiatry, psychology, pulmonology, surgery (general) and urology.

All the specialists have clinic hours on a rotating basis with some seeing patients five days a week, others weekly, biweekly or monthly. The specialists enjoy the idea of doing the traveling, and in 2008, collectively had over 10,000 patient visits. Lynn Schmidt, RN, BSN, Director of Perioperative Services and Outpatient Clinics, said, "It's less stressful for our patients to come to Morrow County Hospital rather than driving to Columbus, Mt. Vernon, or Marion to see a specialist." She pointed out that the patients save on the cost of gasoline, travel time and the confusion of being in an unfamiliar area battling the traffic snarls.

Additionally, outpatient testing – x-rays, CT scans, MRIs, ultrasounds, mammograms, lab work, EEGs, EKGs, stress tests, and more – can be performed at Morrow County Hospital. "If a surgical procedure is needed, our experienced, highly competent surgical staff, and our top notch surgeons, can perform procedures in the hospital's surgical suite," said Lynn. "People appreciate the family-like caring offered by our staff and trust that we will provide the very best care for them right here in their community."

To learn more about Morrow County Hospital's specialized care, call Medical Specialty Center North, **(419) 949-3080** and Medical Specialty Center West, **(419) 947-1707**.

Compassionate, Personalized, High-Tech Care

Medical Specialty Center NORTH

For more information – or to schedule an appointment – please call:

(419) 949-3080

Neurology

Sleep Medicine, Nerve Conduction, Seizures & Headaches



J. Blake Kellum, MD

Orthopedics

Bone Fractures, Deformities & Joint Pain



Peter D. Sanford, MD

Surgery (General)



David Kasserman, MD



Medical Specialty Center WEST

For more information – or to schedule an appointment – please call:

(419) 947-1707

Allergy/ Immunology

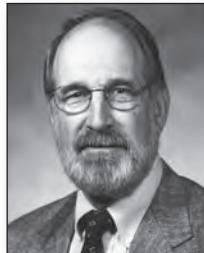
Adult & Pediatric Evaluation & Therapy



Ashok D. Gandhi, MD

Audiology

Adult & Pediatric Hearing Evaluation, Hearing Aid Sales, Fitting, Adjustment & Repair



Roger Winger, PhD

Medical Specialty Center WEST

Cardiology

Heart Diseases & Stress Testing

To schedule an appointment,
call: (419) 947-9953



Mary B. Breckenridge, MD



Arsad Karcic, MD



Timothy P. Obarski, DO



Debra L. Debaets, MD



Lawrence G. Murcko, MD

Dermatology

Adult & Pediatric Skin Diseases



Timothy J. Storer, MD

Gastroenterology

Stomach, Small & Large Intestines



Prasad S. Maturu, MD

Gynecology/ Obstetrics

Comprehensive Women's
Health Services



Rebecca E. Crockett, DO



Emad Mousa, MD

Ophthalmology

Eye Diseases, Cataracts & Glaucoma



Sylvi K. Koso, MD

Pulmonology

Lung Diseases, Sleep Disorders,
Testing & Bronchoscopy



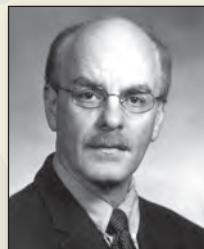
Hiten G. Shah, MD

Otolaryngology

Ear, Nose & Throat



David G. Bailey, MD



Edgar H. Frank, MD

Podiatry

Foot Care



William G. Tabbert, DPM

Surgery (General)



Daryl Sander, MD



Peter Schuler, MD

Urology

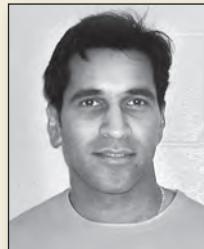
Urinary Tract Diseases &
Kidney Stones



Roberto S. Concepcion, MD

Psychology

Evaluation & Consultation Services
For Behavior & Emotional Disorders



Sudhir Dubey, PsyD



David L. Fitkin, MD

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**Carrier Presort
BOXHOLDER**

Welcome To... **Leigh Ann Henn, OTR/L**

(continued on page 8)

Mirna Monroy-Cubie, a certified occupational therapy assistant (COTA). It is Leigh Ann's responsibility to conduct evaluations, develop care plans and write goals for patients who enter the hospital with occupational therapy orders and those who have the same needs in the Extended Care Facility, through Home Health, or as an outpatient. She works with many patients, from youngsters to the seniors, those with developmental disabilities, stroke or neurological impairment, low endurance from an injury, or too much repetition in a task they perform, making their lives more comfortable using occupational therapy treatments. "Through occupational therapy, our goal is to help patients improve their functionality, regardless of their impairment or disability," said Leigh Ann, who is excited about her new position and working with a broader spectrum of patients.

To learn more about Occupational Therapy services, please call – **(419) 949-3077**.

Election of Board Officers

Members of the Morrow County Hospital Board of Trustees elected new officers at their meeting on March 24, for one-year, unlimited terms – **Chairperson - Joyce Ray, Vice Chair - Pat Drouhard, Secretary - Patricia Anthony**. Other Board members include – Joel Garverick, Dennis Leader, Marilyn Smith and Bob Willeke.

The hospital Board members are appointed by the Morrow County Commissioners and judges who are in the process of appointing a new member to replace the late Don Weaver who served on the Board for eight years.

Volunteers Brighten Lives



Members of the Orchid Twig

The Orchid Twig has a legacy of commitment and dedication to the hospital displayed through their service efforts and fundraising projects. The late Blanche Merwin, one of the group's charter members, served on the original committee to plan the Auxiliary Gift Shop which opened in 1971, and she served as its buyer and chairperson for 18 years until her retirement in 1989.

Today's Orchid members are retired housewives, business people, teachers and secretaries who also serve as greeters at the Twigette Desk in the hospital's main lobby, or wherever needed. According to Retha Burson, president, the members sponsor bake and bakeless sales, white elephant sales and have been known to promote "flower power" with their flower seed and bulb sales. These generous acts of kindness continue to brighten the lives of others.



Joyce Ray
(Chairperson)



Patrick Drouhard
(Vice Chair)



Patricia Anthony
(Secretary)



Joel Garverick



Dennis Leader



Marilyn Smith



Robert Willeke