



# Pulse

## Home Sleep Testing – Another Choice

The option of Home Sleep Testing is now offered by Morrow County Hospital. Although the overnight sleep study continues to be the preferred standard at the hospital, the Home Sleep Test can be utilized with a physician's referral for patients with suspected sleep apnea. Leslie Dye, RRT, RPSGT, said, "There are specific conditions which would preclude the Home Sleep Test, but for some individuals it can be a beneficial diagnostic tool to determine if additional testing is needed."



Hospital employee Mark Russell, RRT, demonstrates the ResMed Home Sleep Testing system.

First, Home Sleep Testing requires a referral from the patient's primary physician; then it's a call to the Sleep Lab to schedule an appointment to meet with the hospital's Sleep Lab tech for home testing device training and to pick-up the equipment. "We want our patients to have a hands-on opportunity to learn how to use the device properly," said Leslie. Upon arrival at the Sleep Lab, the technician will explain

the procedure and place the necessary devices on the patient with an explanation of the functions which monitor the respiratory effort, oxygen levels and heart rate. There is an elastic belt that goes around the person's chest which actually shows when the chest muscles are trying to make air move and a nasal cannula that monitors air flow. Once the patient is "suited up," the machine has one button to push, and the patient's information is recorded within the small device. "A sleep time of 6 to 8 hours is required for the test, and the monitor-

*(continued on page 2)*

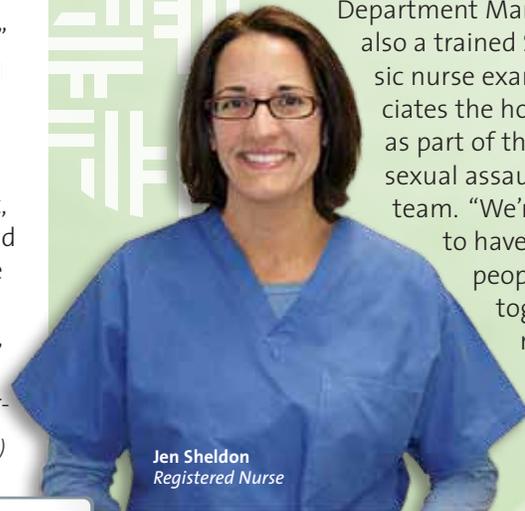
## Strengthening Team Approach To Care

Forensic nurse examiners are registered nurses with specialized education to provide comprehensive care for medical/forensic patients. The definition of forensic means "pertaining to the law." In Morrow County Hospital's emergency department, the staff complements the comprehensive response team which includes law enforcement, EMS, advocates, prosecutors, mental health personnel and others. Each plays a role in caring for victims of violence ranging from child abuse to domestic violence.

Although all emergency department nurses have completed basic forensic training, three of the hospital's registered nurses – Genie Raney, Jen Sheldon and Vickie Smith – have completed the additional classroom component of specialized forensic examiner training as a Sexual Assault Nurse Examiner (SANE).

Teresa Roe, RN, Emergency Department Manager, who is also a trained SANE forensic nurse examiner, appreciates the hospital's role as part of the county's sexual assault response team. "We're fortunate to have a team of people working together to make sure everyone

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Jen Sheldon  
Registered Nurse

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## Visit Our Web Site...

to learn more about Morrow County Hospital services, physician information, job opportunities, community outreach programs, and *much more...*

[www.morrowcountyhospital.com](http://www.morrowcountyhospital.com)

# Home Sleep Testing – Another Choice

(continued from front cover)

ing devices are returned to the Sleep Lab the next morning,” continued Leslie. “Our Sleep Lab technicians are on duty around the clock, so if there are questions while using the hospital’s machine at home, a patient may call us for guidance.”

The patient’s recorded information is downloaded onto a hospital computer and scored by a registered sleep tech. Dr. Blake Kellum, board-certified neurologist and board-certified sleep physician, interprets the information and sends the results to the patient’s referring physician. “If it is determined from the Home Sleep Test that a patient suffers from sleep apnea, they may qualify for a CPAP machine,” Leslie said. “For some individuals, a more extensive sleep study may be necessary.”

If you’re having trouble sleeping or feel tired after getting a night’s rest, you may want to learn more about sleep studies by asking your private physician, or you may call the **Morrow County Hospital Sleep Lab – (419) 949-3018.**

## Strengthening Team Approach To Care

(continued from front cover)

stays safe,” said Teresa. “We believe this approach strengthens our relationship with the community and ensures the ‘best care’ for patients in the emergency department.”

**Genie Raney**  
Registered Nurse

**Vickie Smith**  
Registered Nurse

### Pulse – Spring 2011 • Vol. 13 • No. 2

Published on a quarterly basis for employees, physicians, board members, volunteers and friends of Morrow County Hospital.

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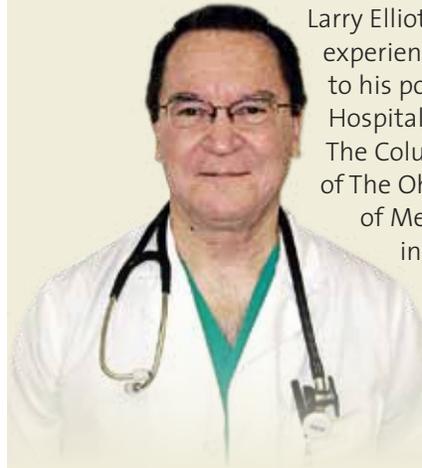
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If you have a story idea, please contact –  
**(419) 949-3088**

## Emergency Physician – Larry Elliott, MD



**Larry Elliott, MD**  
Emergency Physician

Larry Elliott, MD, brings 35 years of experience in emergency medicine to his position in Morrow County Hospital’s emergency department. The Columbus native, is a graduate of The Ohio State University College of Medicine and has been working with Premier Health Care for six months, and considers Morrow County Hospital his full-time emergency job. Dr. Elliott worked many years in larger emergency departments in Columbus and helped design and “open” several Urgent Care Centers in central Ohio. “It’s a little faster pace in the larger facilities, but we see the same types of patients here (MCH), just not as many,” said Dr. Elliott. He admits, “Working in the ED is my calling and what I enjoy.”

Dr. Elliott and his wife, a registered nurse, have five grown children, one grandchild and two more expected soon. Mrs. Elliott has an extended professional background from critical care and front-line emergency care, to emergency department management positions. Currently, she works with the Central Ohio Trauma Service (COTS) in disaster management planning.

The Elliots spend their leisure time traveling to visit family, an important focus at this time. Dr. Elliott enjoys playing golf and sharing fond memories of his successful high school and college golf teams.

 national  
**women's**  
**health** week

May 8-14, 2011

*It's your time*

This week-long health observance empowers women to make their health a top priority. It also encourages them to take steps to improve their physical and mental health and lower their risk of certain diseases.

To learn more go to...[www.womenshealth.gov/whw](http://www.womenshealth.gov/whw)

# Customer Service Champions

## Michele Baker, RN ★ Zachary Place, MD

Each spring, over 800 employees and physicians throughout the OhioHealth system gather for the Annual OhioHealth Customer Service Retreat held at the Aladdin Shrine Center in Columbus. At this event, the “red carpet is rolled out” to recognize champions – individuals, physicians and teams – who exhibit exemplary customer service, and guests enjoy uplifting and inspiring presentations by nationally-known speakers and experts on customer service.



Honored as OhioHealth Customer Service Award Champions for making a difference in the care they provide for every person, every time, were Morrow County Hospital's – **Michele Baker, RN**, and **Zachary Place, MD**.

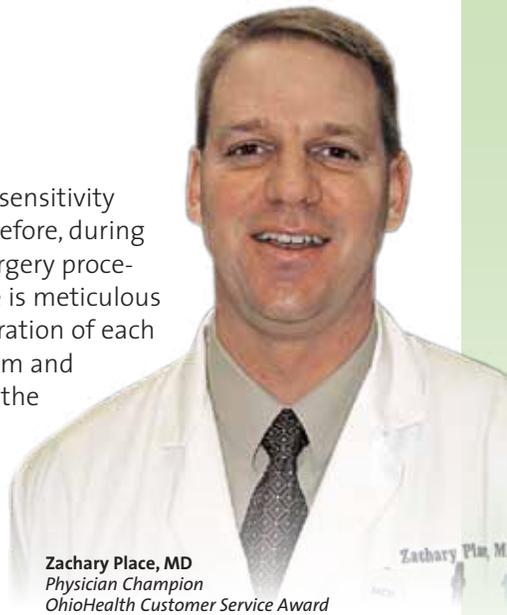
*Sharing excerpts from the nominations about Customer Service Champions...*



**Michele Baker, RN**  
Individual Champion  
OhioHealth Customer Service Award

**Michele Baker, RN**, an outpatient nurse, believes in treating her patients as she would want to be treated in the same circumstance. Truly a professional caregiver, Michele's demeanor is calm and reassuring to her patients. With every encounter, she treats each patient

with compassion and sensitivity meeting their needs before, during and following the surgery procedure. Michele is meticulous in the preparation of each patient's room and always takes the time to explain procedures, listen to concerns and answer questions with clarity and patience. Repeatedly, people mention how Michele puts them at ease in a stressful situation, by acting as a liaison between doctor, patient, and family during their time in the outpatient area.



**Zachary Place, MD**  
Physician Champion  
OhioHealth Customer Service Award

Working in Morrow County Hospital's Emergency Department, **Zachary Place, MD**, receives numerous accolades for being an “excellent doctor who is very polite with a great personality.” Dr. Place thrives on emergency care, and the patients and staff comment about his genuine approach to providing excellent care. Even when the emergency department is extremely busy, Dr. Place takes the time to listen and explain information to the patients and their families. He makes his patients feel comfortable, and regardless of whether it is in the middle of the night, early in the morning, high volume or low, he shows sincere concern and provides the very best “care and advice for his patients.” Dr. Place knows even the simplest gesture as offering a child the opportunity to select a gift from the emergency department's treasure chest can bring comfort and ease anxiety. He consistently takes the time and believes a “special touch” can make healing happen!

## Wii-Hab

Cardiac and Pulmonary Rehab patients enjoyed a fun day of “Wii Hab” to celebrate American Heart Month and the importance of “moving”!!! Although everyone tried their skill at a variety of activities, the favorites were bowling, cornhole toss and target practice.



Richard Meyers tried his skill at video bowling.



Judy Baker, RRT, with Rosie and Charlie Giauque at target practice.

# Strokes – Networking with Experts

Time is critical when experiencing stroke symptoms and a few hours can make the difference between full recovery and permanent neurological damage. Patients who enter Morrow County Hospital's emergency department with stroke symptoms have the advantage of rapid diagnosis and treatment thanks to the hospital's relationship with the OhioHealth Stroke Network. "It was emergency nurse Sarena Johnstone, RN, who truly was the champion for starting this program," said Teresa Roe, RN, Emergency Nurse Manager. "Sarena collected data to prove there was a need, and she was the powerhouse who pulled the forces together to formulate a game plan for initiating Morrow County Hospital's connection with the Stroke Network."

This relationship links expert neurologists from Riverside Methodist Hospital and Grant Medical Center with local emergency department physicians. "Patients arriving at our local emergency department who meet criteria for stroke evaluation receive treatment based on the American Stroke Association benchmarks including physician evaluation within 10 minutes, CT scan and blood testing within 25 minutes, with all results back 45 minutes from the time of the patient's arrival," said Teresa. "We have been under the benchmark time for rapid diagnosis and treatment the entire year of 2010." The ongoing champions who keep meeting this challenge are the stroke team members – emergency physicians, nurses, laboratory, radiology, physical and speech therapies, pharmacy and the EMS.



*The eCare Mobile Cart will display a nameplate recognizing Sarena Johnstone, RN, as Morrow County Hospital's Stroke Network Champion. Diana Fisher, President and CEO, announced this recognition at Sarena's retirement party in March where she was honored for 25 years of service to Morrow County Hospital.*

Now in its second year of implementation, the Stroke Network has invited Morrow County Hospital to connect with OhioHealth's telemedicine to offer additional resources for care and streamline treatment within the next six months. At Morrow County Hospital, an eCare Mobile Cart – a two-way camera and video connection – will connect to OhioHealth's eICU via the Internet. "With this leading-edge communication technology, specialists can actually see the patients as they evaluate their condition and plan their care with emergency department physician leadership," commented Teresa. "For our stroke patients, this means less time lost and streamlines care if the patient requires additional treatment by neurosurgeons. These are simply beneficial outcomes; that's what matters most."

## Bone Densitometry Screening



*Michelle Wallace, RT(R)(M), is one of the skilled radiologic technologists who performs the DEXA bone densitometry scans.*

Osteoporosis, the "silent disease," can strike anyone at any age, although there are some people more vulnerable than others. Fortunately, this disease can be detected by having a DEXA bone densitometry test which allows for precise diagnosis and treatment by a physician. "Weak bones can make a person more susceptible for fractures which can be very painful," said Carla Hoyng, RT(R)(M). "To have the scan by a highly trained radiologic technologist, a patient needs a physician's referral and then an appointment can be scheduled at Morrow County Hospital." The images are interpreted by a board-certified radiologist with Riverside Radiology Associates.

Carla describes the test as "one of the easiest tests a patient can have." The 15-minute test, using low-dose radiation, requires the patient to lie quietly on a padded table while the technician guides the DEXA scanner to analyze the bone density in the lower back and hip area. "The results will be analyzed by the radiologist and sent to the patient's referring physician," said Carla.

To learn more about having a bone densitometry test, ask your physician. To schedule your DEXA scan appointment, please call **Morrow County Hospital Radiology Services – (419) 949-3090.**

# Image Is Everything...Digital Mammography

With digital mammography, the patient's experience is enhanced. The mammography tech stays in the room during the entire exam to explain the procedure, answer any questions, and confirm the quality of the digital images. Once the images are accepted, they are transmitted digitally to the radiologist's computer for interpretation, and a report is sent to the patient's referring physician.



Each mammography patient receives a long-stem carnation as a token of appreciation. Pictured: Carla Hoyng, RT(R)(M).

**Is it time for your yearly mammogram?** Making an appointment can sometimes be a hassle...but, NOT at Morrow County Hospital, where "Image is Everything" with the high-tech Hologic digital mammography equipment. "The image quality and definition are incredible," said Radiology Director Russ Merrin, BS, RT(R) (N), CNMT, NCT, "and having the ability to look at the images while in the room with the patient allows for faster results



Registered Radiologic Technologists, Registered Mammography Technologists – Carol Arnett, Amber Skelton, Sheryl Claus, Carla Hoyng, Michelle Wallace, Cheryl Young.

and a better patient experience." Morrow County Hospital can't be beat when it comes to state-of-the-art digital mammography equipment and the latest, most up-to-date technology. "Our experienced staff of registered radiologic technologists have also completed specialized training and are registered in mammography," said Russ. "This means the quality of their work, and the standard of care are at a higher level."

Carla Hoyng, RT(R)(M), feels "There's no reason to go anywhere else for YOUR mammogram. Flexibility and ease of scheduling an appointment are unlike any other facility. With a referral from your physician, we will schedule your appointment at a time and date that works best for YOU. We will meet your requests – whether your choice is early in the morning, afternoon, evening, weekday or on the weekend...just ask, and we'll go above and beyond to accommodate YOU!!"

## Facts YOU Need To Know...

- Morrow County Hospital is accredited by the American College of Radiology.
- It's easy and hassle-free to schedule your appointment – **Call – (419) 949-3090**
- Flexible Appointment Times Available – Weekdays, Evenings & Weekends – You pick the time!!
- Certified Radiologic Technologists, Registered in Mammography perform your exam.
- At no additional charge, a MammoPad® is used for every exam making the compression more comfortable – it's warmer and softer!
- Images are interpreted by Riverside Radiology Associates, Inc., board-certified radiologists, and results are sent to the patient's referring physician.

To learn more about scheduling YOUR digital mammogram, please contact **Morrow County Hospital Radiology Services – (419) 949-3090.**



## In Honor Of National Volunteer Week April 10-16, 2011

Morrow County Hospital wants to take this opportunity to thank the 150 men and women – Auxiliary and PLUS volunteers – who donate thousands of hours and dollars each year to make our patient care extra special.

Your generosity and thoughtfulness are appreciated!

*Thank you...*

# Calendar of *Community Outreach*

Pre-registration is required for all programs unless otherwise noted. To register for any of the listed programs, or Morrow County Hospital's Public Relations Department – (419) 949-3089 or (419) 949-3088 – Monday through

## April

### American Red Cross Bloodmobile

**Monday/April 25 • 10 a.m.-4 p.m. • MCH Room A**

Positive identification is required – American Red Cross donor card or photo ID showing date of birth. Call MCH Public Relations to schedule an appointment – (419) 949-3089.

## May

### Diabetes Education

**Registration Required • Free Program**

Minimum Class Size: 10 participants

**Tuesday/May 3 • 6-8:30 p.m. • MCH Room C**

**Thursday/May 5 • 6-8:30 p.m. • MCH Room C**

**Tuesday/May 10 • 6-8:30 p.m. • MCH Room C**

**Thursday/May 12 • 6-8:30 p.m. • MCH Room C**

This four-part/ten-hour program is for recently-diagnosed diabetics. Each night of this twice-a-week/two-week course, a different aspect of the diabetes disease process will be discussed. **You must attend all four classes to complete this course.**

### Healthcare Provider CPR

**Thursday/May 12 • 3:30-7:30 p.m. • MCH Room A**

**Certification/Recertification - \$45 • Book with CD - \$25**

**Registration Required • Minimum Class Size: 6 participants**

This class is for healthcare professionals and teaches all aspects of basic life support. Community members wishing to register for a CPR class are required to pre-pay their registration fee (non-refundable) seven days prior to the class date, or their name will be removed from the class roster.

### Sports Physical Exams For Morrow County Students Grades 9-12

**(For school year 2011-12) • FREE!**

**Saturday/May 14 • MCH Lower Level**

(Use Receiving Entrance)

**7:30-8:30 a.m. • Highland (Grades 9-12)**

**7:30-8:30 a.m. • Gilead Christian (Grades 9-12)**

**8:30-9:30 a.m. • Mt. Gilead (Grades 9-12)**

**9:30-10:30 a.m. • Cardington (Grades 9-12)**

**10:30-11:30 a.m. • Northmor (Grades 9-12)**

No appointment necessary! Contact your high school's Athletic Director for required forms.

## May

### First Aid Class

**Tuesday/May 17 • 4-7 p.m. • MCH Room A**

**Registration Fee - \$30 • Book - \$15**

**Registration Required • Minimum Class Size: 6 participants**

This American Heart Association First Aid Class will teach participants (anyone over the age of 14 years) to identify medical emergencies and how to provide proper first aid. Community members wishing to register for a first aid class are required to pre-pay their registration fee (non-refundable) seven days prior to the class date, or their name will be removed from the class roster.

### Safe Sitter

**Saturday/May 21 • 9 a.m.-3 p.m. • MCH Room A**

**Registration Fee - \$10 (for student manual)**

**Lunch Provided • Minimum Class Size: 8 participants**

Morrow County Hospital is a teaching site for "Safe Sitter" which is a medically-accurate program designed to prepare **11-13 year olds** to be safe and nurturing babysitters. Instructors will teach life skills – business, medical, safe habits – in this high-quality course. The registration fee covers all costs!

### "MCH Health Awareness" Blood Profiles

**No appointment necessary! • 6-9:30 a.m.**

**Eligibility: Anyone age 18 and over**

**Tuesday/May 24 • Seniors-On-Center**

(41 W. Center St. • Mt. Gilead)

**Saturday/June 18 • Morrow County Hospital (Room A)**

(Use "Receiving Entrance")

**Tuesday/July 26 • Heartland Alliance Church**

(6385 St. Rt. 314 • North Woodbury)

Morrow County Hospital's laboratory personnel will offer **\$20** "MCH Health Awareness" blood profiles, which include a battery of **27 tests**.

**Remember –**

- An 8 to 10-hour fast is necessary for accurate results – no eating.
- Drink moderate amounts of water.
- Take your medications with moderate amounts of water.

**For an additional \$20**, you may also receive a TSH (thyroid stimulating hormone) test.

**Absolutely...No physicians' orders for additional tests will be accepted at this screening.** The **\$20** blood profile will only be available at the site listed!

# Programs & Services 2011

for more information, please call  
Friday, between the hours of 8 a.m.-4 p.m.

Watch for weekly ads  
in the local newspapers.

Visit our Web site –  
[www.morrowcountyhospital.com](http://www.morrowcountyhospital.com)

## June

### Safe Sitter

**Friday/June 10 • 9 a.m.-3 p.m. • MCH Room A**  
**Registration Fee - \$10 (for student manual)**  
**Lunch Provided • Minimum Class Size: 8 participants**

Morrow County Hospital is a teaching site for "Safe Sitter" which is a medically-accurate program designed to prepare **11-13 year olds** to be safe and nurturing babysitters. Instructors will teach life skills – business, medical, safe habits – in this high-quality course. The registration fee covers all costs!

### Healthcare Provider CPR

**Wednesday/June 15 • 7:30-11:30 a.m. • MCH Room A**  
**Certification/Recertification - \$45 • Book with CD - \$25**  
**Registration Required • Minimum Class Size: 6 participants**

This class is for healthcare professionals and teaches all aspects of basic life support. Community members wishing to register for a CPR class are required to pre-pay their registration fee (non-refundable) seven days prior to the class date, or their name will be removed from the class roster.

### American Red Cross Bloodmobile

**Wednesday/June 29 • 10 a.m.-4 p.m. • MCH Room A**

Positive identification is required – American Red Cross donor card or photo ID showing date of birth. Call MCH Public Relations to schedule an appointment – (419) 949-3089.

**Compassionate,  
Personalized,  
High-Tech Care**

## 2011 AUXILIARY-SPONSORED EVENTS

Net proceeds from these events benefit patient care.

### All That Sparkles" Fine Jewelry Sale

Thursday/April 28 • 7 a.m.-3 p.m. • MCH Room C

### "Robert's Medical" Uniform Sale

Thursday/June 23 • 7 a.m.-4 p.m. • MCH Room A

### "Scioto Shoe Mart" Shoe Sale

Sat./July 23 • 10 a.m.-9 p.m. • 206 Jamesway Rd. • Marion, OH

**Open  
To The  
Public!**

## July

### Sports Medicine Clinic

**Tuesday/July 19 • 3:45-6:30 p.m. • MCH Room A**  
**Per School - \$50, or Per Person - \$10**  
**Registration Required**

Under the Ohio Department of Educations guidelines, this 2.5-hour first aid training program will be offered to all coaches and advisors.

### Heartsaver CPR

**Thursday/July 21 • 4-7 p.m. • MCH Room A**  
**Registration Fee - \$35 • Book with CD - \$25**  
**Registration Required • Minimum Class Size: 6 participants**

Learn basic adult and pediatric life support techniques. Community members wishing to register for a CPR class are required to pre-pay their registration fee (non-refundable) seven days prior to the class date, or their name will be removed from the class roster.

## National Hospital Week May 8-14, 2011

Thank you to our 330 Morrow County Hospital employees and our entire healthcare team for your dedication and expertise in providing excellent patient care and outstanding customer service.

We're grateful for your work and appreciate your tireless efforts "to improve the health of those we serve."

**champions  
of care**

*You make a  
difference every day!*

 **Morrow County  
Hospital**  
**OhioHealth**

Associated with OhioHealth

651 West Marion Road  
Mount Gilead, Ohio 43338

[www.morrowcountyhospital.com](http://www.morrowcountyhospital.com)

**Carrier Presort  
BOXHOLDER**

## BELIEVE IN WE

“OhioHealth has launched their new **Believe in WE** advertising campaign which many of you may have seen in the newspaper, on television, or heard on the radio,” said Diana Fisher, President and CEO. “This message tells ‘our’ story in a way that focuses on people – our employees, physicians, volunteers, and the patients, families and communities we serve. Morrow



**OhioHealth**  
**BELIEVE IN WE**

County Hospital has had a management relationship with OhioHealth for nearly 27 years and takes great pride in continuing our promise to provide exceptional patient and family experiences, quality and safety to those we serve. Our connection with OhioHealth offers endless resources in our commitment to ‘make a difference in each patient’s life and in our community.’”



## Storm Sewer Project Moving Forward

“It’s amazing how grateful one can be when you’re able to easily follow your standard route to and from your destination,” said Diana Fisher, MCH President and CEO. Such was the situation on State Route 95 in front of Morrow County Hospital for four weeks in March. As Diana confirmed, “The outcome was certainly worth the confusion.” The project entailed replacing and relocating the water line across the hospital’s property, placing box culverts to relocate the open ditch, filling in the open ditch and widening the hospital’s west driveway



entrance allowing for easier access for both incoming and outgoing traffic among other improvements under State Route 95.

The \$469,265 project was coordinated by the Village of Mt. Gilead and funded through the Ohio Public Works Issue #1 (State Capital Improvement Dollars) with Morrow County Hospital and the Village of Mt. Gilead each paying \$61,004 for the project.

