

# February

## **“MCH Health Awareness” Blood Profiles**

**No appointment necessary! • 6-9:30 a.m.**

Eligibility: Anyone age 18 and over

### **Dates & Sites:**

#### **Tuesday/February 9**

Highland Central Elementary (Gym)

#### **Saturday/February 20**

Morrow County Hospital (Room A)

Morrow County Hospital's laboratory personnel will offer **\$20** “MCH Health Awareness” blood profiles, which include a battery of **27 tests**.

#### **Remember –**

- An 8 to 10-hour fast is necessary for accurate results – no eating.
- Drink moderate amounts of water.
- Take your medications with moderate amounts of water.

**For an additional \$20**, you may also receive a TSH (thyroid stimulating hormone) test.

***Absolutely...No physicians' orders for additional tests will be accepted at these screenings.*** The **\$20** blood profile will only be available at the site listed!

## **Heartsaver CPR**

**Sunday/Feb. 21 • 1-4 p.m. • MCH Room A**

**Certification/Recertification - \$30**

**Book with CD - \$20**

Registration Required • Book Required

Minimum Class Size: 6 participants

Learn basic adult and pediatric life support techniques. Community members wishing to register for a CPR class are required to pre-pay their registration fee (non-refundable) seven days prior to the class date, or their name will be removed from the class roster.



**Morrow County  
Hospital**  
OhioHealth

*Associated with OhioHealth*

651 West Marion Road  
Mount Gilead, Ohio 43338

## **First Aid Class**

**Sunday/February 21 • 4-7 p.m.**

**MCH Room A**

**Registration Fee - \$25 • Book - \$10**

Registration Required

Minimum Class Size: 6 participants

This American Heart Association First Aid Class will teach participants (anyone over the age of 14 years) to identify medical emergencies and how to provide proper first aid. Community members wishing to register for a first aid class are required to pre-pay their registration fee (non-refundable) seven days prior to the class date, or their name will be removed from the class roster.

## **American Red Cross Bloodmobile**

**Thursday/February 25 • 10 a.m.-4 p.m.**

**MCH Room A**

Please bring photo identification showing your social security number. Call the MCH Public Relations Department to schedule an appointment – **(419) 949-3089**.

***Compassionate,  
Personalized,  
High-Tech Care***

**To Register, Call – 419 | 949-3089 or 419 | 949-3088**

**Visit Our Web Site - [www.morrowcountyhospital.com](http://www.morrowcountyhospital.com)**